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PROSTATE ULTRASOUND INSTRUCTIONS

YOUR DOCTOR HAS DETERMINED THAT A PROSTATE ULTRASOUND WITH/WITHOUT A PROSTATE BIOPSY IS NECESSARY TO DIAGNOSE ANY POSSIBLE PROBLEM WITH YOUR PROSTATE. THE PROSTATE WILL BE EXAMINED WITH ULTRASONIC SOUND WAVES, WHICH ARE PERFECTLY SAFE, BY INSERTING A PROBE INTO YOUR RECTUM, THROUGH WHICH THE PROSTATE CAN BE STUDIED. BIOPSIES ARE PERFORMED WITH A VERY SMALL GAUGE NEEDLE. FREQUENTLY, ONLY A SMALL PINCH IS FELT BY THE PATIENT. AFTERWARDS, YOU WILL BE GIVEN DETAILED INSTRUCTIONS FOR FOLLOW-UP.

_____ 1. IF YOU ARE HAVING A PROSTATE BIOPSY, AS WELL, YOU WILL BE GIVEN LEVAQUIN 500MGS.(1 TABLET) TO TAKE THE MORNING BEFORE, THE MORNING OF AND THE MORNING AFTER THE EXAMINATION.

_____ 2. THE NIGHT BEFORE THE EXAMINATION, YOU NEED TO TAKE 2 TABLESPOONS OF MILK OF MAGNESIA BEFORE BEDTIME.

_____ 3. TWO HOURS BEFORE YOUR EXAM, YOU NEED TO INSERT ONE FLEET ENEMA INTO THE RECTUM AND EVACUATE AFTER HOLDING FOR, AT LEAST 10 MINUTES. A BOWEL MOVEMENT IS ESSENTIAL BEFORE THE EXAMINATION.

_____ 4. IF ARRANGED, TAKE ONE TABLET OF ATIVAN OR VALIUM ONE HOUR BEFORE YOU ARRIVE FOR THE PROCEDURE. IT WILL BE NECESSARY FOR SOMEONE TO DRIVE YOU TO AND FROM THE PROCEDURE****.

PT'S. SIGNATURE ACKNOWLEDGING MEDICATION REQUESTS: _____

IF YOU ARE TAKING PERSANTINE, COUMADIN, ASPIRIN, PLAVIX OR ANY OTHER TYPE OF BLOOD THINNER OR CERTAIN ARTHRITIS/ANTI-INFLAMMATORY MEDICATION, PLEASE LET US KNOW. YOU MAY NEED TO "STOP" THESE MEDICATIONS SEVEN TO TEN DAYS PRIOR TO THE EXAMINATION.

FOR EXAMINATIONS SCHEDULED FROM 9:00A.M. TO 12 NOON, YOU MUST HAVE A LIGHT BREAKFAST.

FOR EXAMINATIONS SCHEDULED FROM 12 NOON TO 4:00P.M. YOU MAY HAVE A REGULAR BREAKFAST AND LIGHT LUNCH. IT IS OKAY TO COMPLETE THE ENEMA AFTER YOU HAVE EATEN.

APPOINTMENT DATE: _____ TIME: _____

*****PLEASE CALL TO CONFIRM THE TIME OF YOUR PROCEDURE*****