



4Kscore[®]

IT'S *your* RISK TOO

BioReference
LABORATORIES
an **OPKO** Health Company

IT'S *your* RISK TOO

Many men are concerned about the health of their prostate, especially as they get older. Unfortunately, they do not always take the necessary initiative to get routine check-ups. Sometimes our loved ones need extra encouragement to do what's right for their health. As a patient advocate, you can help give the man in your life extra peace of mind when it comes to their prostate health.

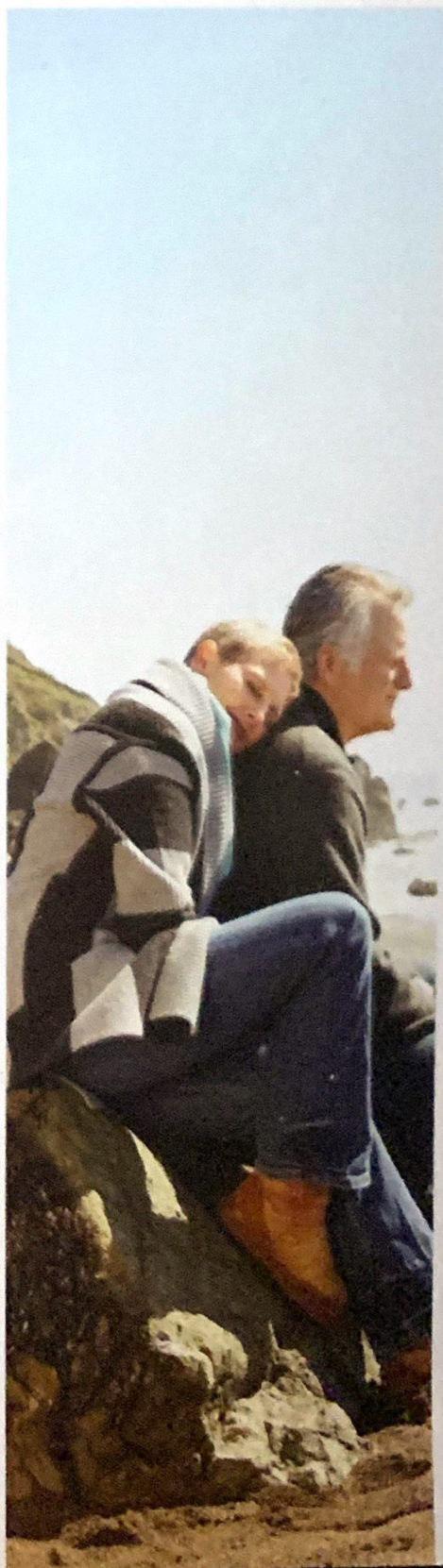
Prostate cancer is the second most common form of cancer among men, but not all cases are deadly or need treatment. There are **two different forms** of prostate cancer:

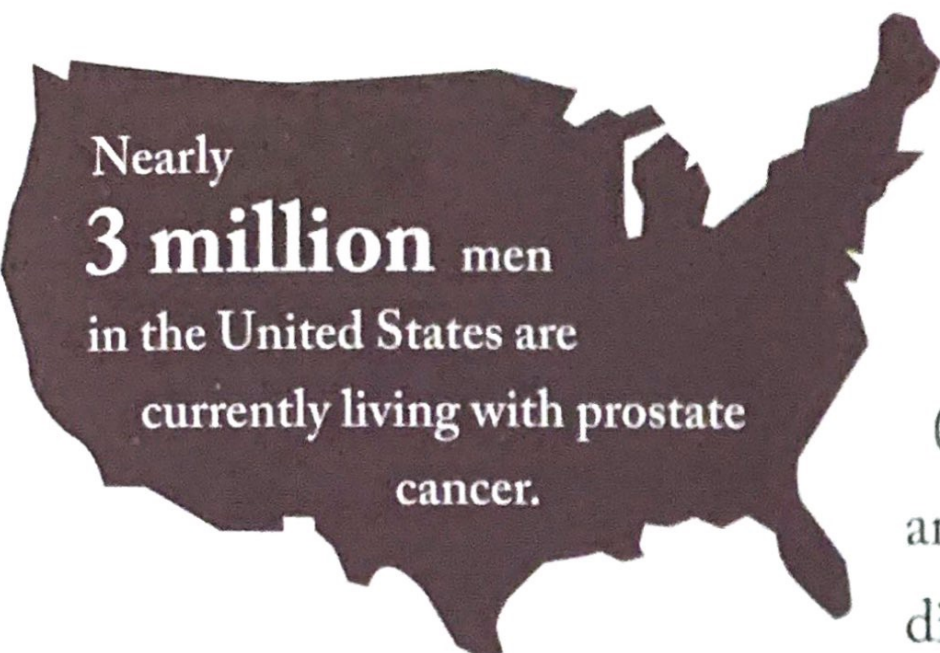
INDOLENT PROSTATE CANCER

- Grows slowly
- Cancer cells stay within the prostate and do not spread to other parts of the body
- Most men live normal, full lives without treatment

AGGRESSIVE PROSTATE CANCER

- Grows quickly
- Cancer cells spread to other parts of the body
- Deadly form of the disease



A dark silhouette of the United States map, used as a background for the text.

Nearly

3 million men

in the United States are

currently living with prostate
cancer.

In fact, studies show that men are 35% more likely to have prostate cancer than women are to have breast cancer. Most prostate cancers (about 90%) are caught early on and either successfully treated or diagnosed as indolent.¹ Unfortunately,

many men with indolent prostate cancer still undergo avoidable surgical procedures which can lead to pain, urinary incontinence, and even impotence.

TESTING FOR PROSTATE CANCER WITH THE **4Kscore**[®] TEST

Your loved one's doctor may run a routine blood test called a PSA to assess the health of their prostate. Unfortunately, PSA tests cannot differentiate between indolent and aggressive prostate cancer. To do so, and to prevent unnecessary procedures, more testing is needed.

Now there is a test that can tell the man in your life what his risk is of having aggressive prostate cancer without the need for an invasive surgical procedure. It can also predict the spread of that cancer up to 20 years later.

The 4Kscore is a simple blood test that accurately identifies the risk of developing aggressive prostate cancer.

It also provides information that can help minimize unnecessary medical procedures for those who do not need them. Men with low 4Kscores can be safely monitored by their primary care physician, without needing costly and painful treatment.

The 4Kscore test has been studied for over a decade by researchers from Memorial Sloan-Kettering Cancer Center, so you can trust that your loved ones are receiving the best testing possible. Most men with abnormal PSA levels are candidates for the 4Kscore Test, so encourage the man in your life to speak with their doctor about the 4Kscore Test today.

REFERENCES

1. What Is Prostate Cancer? - Prostate Cancer Foundation (PCF). (n.d.). Retrieved December 14, 2015, from http://www.pcf.org/site/c.leJRIROrEpH/b.5802045/k.6D36/What_Is_Prostate_Cancer.htm

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481 EDWARD H. ROSS DRIVE, ELMWOOD PARK, NJ 07407
TEL 800-229-5227 • FAX 201-791-1941 • WWW.BIOREFERENCE.COM
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