

ESSENTIA, SOLO, AND COMPANION

MULTIVITAMIN & MINERAL
SUPPLEMENTS



THERALOGIX

MULTIVITAMINS

Multivitamins for Men

Theralogix offers two multivitamins for men. Taken alone or with other Theralogix supplements, our multivitamins support overall bone, prostate, and cardiovascular health.* Antioxidants such as vitamins A, C, and E support immune function and protect healthy cells from damage.* Choline and folate support optimal cell structure and function.* A full range of B vitamins supports an active man's energy needs.*

Solo multivitamin

Balanced nutrition for men, with 2,000 IU of vitamin D₃. Can be taken with Prostate SR, TheraCran, TheraLith XR, TherOmega, OptiFlex, and MTX Support.

Solo multivitamin provides a complete range of essential vitamins and minerals, with more vitamin D than other men's multivitamins. Higher levels of vitamin D support strong bones, a healthy immune system, and promote healthy muscular function.* Solo multivitamin contains no iron, since most men have adequate iron stores and supplemental iron is not recommended.

Companion multivitamin

Balanced nutrition for men who already take a high-dose vitamin D supplement such as Prostate 2.4, Prosteon, TheraCal, or Thera-D. Companion contains no vitamin D.

Companion multivitamin provides the complete range of essential vitamins and minerals, except that it contains no vitamin D. When you already get a higher dose of vitamin D from another Theralogix product, Companion multivitamin supports your additional nutrient needs without giving you more vitamin D than your doctor recommended. Companion multivitamin contains no iron, since most men have adequate iron stores and supplemental iron is not recommended.

* This statement has not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Why Theralogix?

Safe, Balanced Multivitamins

Theralogix multivitamins are formulated to meet the different nutrient needs of men and women at every life stage. Each formula is based on the latest scientific evidence to ensure the right nutrients at the right dosage for optimal effect. More isn't always better when it comes to nutritional supplementation. Studies suggest that the "mega-vitamin" approach may have health drawbacks. Theralogix provides the assurance of a multivitamin without the potential risks of getting too much of any single nutrient.

NSF® International Dietary Supplements Certification

Theralogix is committed to providing only the highest-quality supplements. Theralogix multivitamins are certified by NSF International. NSF is a not-for-profit organization that is the world leader in standards development and product certification for public health and safety. NSF has implemented the highest quality control standards in the supplements industry. The NSF mark is your assurance of a dietary supplement's content accuracy, purity, and freedom from contaminants.

Manufactured in an NSF-Registered Facility

The facility where Theralogix nutritional supplements are manufactured has been registered with NSF and is in compliance with current Good Manufacturing Practices (cGMPs). These guidelines define the manufacturing processes, procedures, and documentation that assure the identity, strength, composition, and quality of the product.

Medical Advisory Board Oversight

The leading academic physicians and scientists of the Theralogix Medical Advisory Board meet regularly to oversee all product formulations. You can be sure that Theralogix multivitamins are safe and reflect ongoing review of the most current scientific evidence.

Visit www.theralogix.com to learn more.

Multivitamins for Women

Theralogix offers three multivitamins for women. Taken alone or with another Theralogix supplement that provides adequate vitamin D and calcium, our multivitamins support overall bone, breast, and cardiovascular health.* Antioxidants such as vitamins A, C, and E support immune function and protect healthy cells from damage.* Choline and folate support optimal cell structure and function.* Each formula includes key nutrients for healthy hair, skin, and nails: biotin, beta-carotene, and vitamins A, C, and E.* B vitamins support an active woman's energy needs.*

Essentia multivitamin

Balanced nutrition for younger women, with iron and 2,000 IU of vitamin D₃. Can be taken with TheraCran, TheraLith XR, TherOmega, OptiFlex, CalMag Thins, and MTX Support.

Vitamin D is critical to health throughout a woman's life. Higher levels of vitamin D support strong, healthy bones and a healthy immune system.* Iron replaces monthly menstrual losses.*

Solo multivitamin

Balanced nutrition for postmenopausal women, with 2,000 IU of vitamin D₃. Can be taken with TheraCran, TheraLith XR, TherOmega, OptiFlex, CalMag Thins, and MTX Support.

Higher levels of vitamin D support strong, healthy bones, a healthy immune system, and promote healthy muscular function.* Solo multivitamin contains no iron, since after menopause most women have adequate iron stores and supplemental iron is not recommended.

Companion multivitamin

Balanced nutrition for postmenopausal women who already take a high-dose vitamin D supplement such as TheraCal. Companion contains no vitamin D.

When you already get enough vitamin D from another Theralogix product, Companion multivitamin supports your additional nutrient needs without giving you more vitamin D than your doctor recommended. Companion multivitamin contains no iron, since after menopause most women have adequate iron stores and supplemental iron is not recommended.

Essentia (180 tablets)

Supplement Facts

Serving Size: 1 tablet
Servings Per Container: 180

| Amount Per Serving | % DV |
|--|------|
| Vitamin A (as beta-carotene, palmitate) 3,000 IU | 60% |
| 1,500 IU from beta-carotene | |
| 1,500 IU from palmitate | |
| Vitamin C (as ascorbic acid) 100 mg | 167% |
| Vitamin D (as cholecalciferol) 2,000 IU | 500% |
| Vitamin E (as d-alpha tocopheryl acetate) 60 IU | 200% |
| Vitamin K (as phytonadione) 100 mcg | 125% |
| Vitamin B ₁ (as thiamine mononitrate) 10 mg | 667% |
| Vitamin B ₂ (as riboflavin) 10 mg | 588% |
| Vitamin B ₃ (as niacinamide) 25 mg | 125% |
| Vitamin B ₆ (as pyridoxine HCl) 6 mg | 300% |
| Folate (as folic acid) 400 mcg | 100% |
| Vitamin B ₁₂ (as cyanocobalamin) 25 mcg | 417% |
| Biotin (as d-biotin) 30 mcg | 10% |
| Pantothenic Acid 10 mg | 100% |
| (as d-calcium pantothenate) | |
| Calcium (as calcium carbonate) 100 mg | 10% |
| Iron (as ferrous fumarate) 18 mg | 100% |
| Iodine (as potassium iodide) 150 mcg | 100% |
| Magnesium (as magnesium oxide) 100 mg | 25% |
| Zinc (as zinc oxide) 15 mg | 100% |
| Selenium (as Selenomax® from yeast) 70 mcg | 100% |
| Copper (as cupric oxide) 2 mg | 100% |
| Manganese (as manganese citrate) 2 mg | 100% |
| Chromium (as chromium citrate) 100 mcg | 83% |
| Molybdenum (as sodium molybdate) 75 mcg | 100% |
| Choline (as choline bitartrate) 100 mg | * |
| Boron (as sodium borate) 250 mcg | * |
| Vanadium (as amino acid chelate) 10 mcg | * |

* Daily Value (DV) not established

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silicon dioxide, vegetable coating, ethyl vanillin, titanium dioxide

Suggested Use
(Essentia, Solo, and Companion multivitamins):
Take one per day, with food.

For Essentia:

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Ordering Instructions

Our auto-refill program includes free delivery. Automatic refills are timed to arrive just before you run out. You will only be charged when your order ships. You may cancel, postpone, or change the interval of your shipments at any time.

Theralogix products are not available in stores. Order Theralogix multivitamins without a prescription online at www.theralogix.com or by phone 24/7 at (800)449-4447.

Theralogix nutritional supplements are recommended for use under the supervision of a healthcare provider. Please use the Provider Referral Code (PRC) printed below when you place your order. This informs your healthcare provider of your order and provides you with preferred pricing.

Ordering Instructions from Your Healthcare Provider:

- ☐ Essentia
- ☐ Solo
- ☐ Companion

41377

Provider Referral Code (PRC)

ESSENTIA, SOLO, AND COMPANION MULTIVITAMIN & MINERAL SUPPLEMENTS

Manufactured in the USA at an NSF GMP-Registered Facility for
Theralogix, LLC • (888)899-3899 • www.theralogix.com



Contents Tested

WMTMPB
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