

# PROSTATE 2.4

NUTRITIONAL SUPPLEMENT



THERALOGIX

PROSTATE 2.4



# Why Prostate 2.4?

Prostate 2.4 nutritional supplement is formulated with 6 key nutritional components to support and maintain a healthy prostate.<sup>†</sup>

## Quality Ingredients

- **Lycopene:** 30 mg from Lyc-o-Mato®, a whole tomato extract. Human studies showing benefit for prostate health have used 30 mg of lycopene from cooked tomatoes or Lyc-o-Mato, not synthetic or pure lycopene.<sup>1, 2, 3</sup>
- **Soy isoflavones:** 50 mg from Novasoy®, a whole soybean extract, which contains the naturally occurring soy isoflavones (genistin, daidzin, and glycitin) in the same isoflavone ratio as found in soybeans. Studies suggest that the whole soybean extract is more beneficial for prostate health than individual isoflavones alone.<sup>4</sup>
- **Vitamin D<sub>3</sub>:** 2,400 IU to promote a normal vitamin D blood level.<sup>5</sup> Vitamin D<sub>3</sub> is the form of vitamin D that is produced by the body after sunlight exposure.
- **Vitamin E:** 30 IU of natural vitamin E from mixed tocopherols and 50 mg of natural gamma-tocopherol. Many supplements contain only alpha tocopherol, but evidence suggests that a natural mix of tocopherols is more beneficial. Also, studies have found a link between higher gamma-tocopherol levels and prostate health.<sup>6</sup>
- **Selenium:** 70 mcg from Selenomax® high-selenium yeast, an organic form of selenium containing selenomethionine along with other selenium compounds. Selenomax is the form of selenium that has shown benefit for prostate health in clinical trials.<sup>7</sup>

Prostate 2.4 is the only NSF-certified prostate health supplement, which is your assurance of content accuracy, purity, and capsule disintegration.

<sup>†</sup> This statement has not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Why Theralogix?

## NSF® International Dietary Supplements Certification

Theralogix is committed to providing only the highest-quality supplements. Prostate 2.4 is tested and certified by NSF International. NSF is a not-for-profit organization that is the world leader in standards development and product certification for public health and safety. NSF has implemented the highest quality control standards in the supplements industry. The NSF mark is your best assurance of a dietary supplement's content accuracy, purity, and freedom from contaminants.

## Manufactured in an NSF-Registered Facility



The facility where Prostate 2.4 is manufactured is registered with NSF as in compliance with current Good Manufacturing Practices (cGMPs). These guidelines define the manufacturing processes, procedures, and documentation that assure the identity, strength, composition, and quality of the product.

## Medical Advisory Board Oversight

The leading academic physicians and scientists of the Theralogix Medical Advisory Board meet regularly to oversee all product formulations. You can be sure that Prostate 2.4 is safe and reflects ongoing review of the most current scientific evidence.

Visit [www.theralogix.com](http://www.theralogix.com) to learn more.

## References

1. Bowen et al. Tomato sauce supplementation and prostate cancer: lycopene accumulation and modulation of biomarkers of carcinogenesis. *Exp Biol Med* 2002; 227(10):886-93.
2. Kucuk et al. Effects of lycopene supplementation in patients with localized prostate cancer. *Exp Biol Med* (Maywood) 2002; 227(10): 881-5.
3. Kucuk et al. Phase II randomized clinical trial of lycopene supplementation before radical prostatectomy. *Cancer Epidemiol Biomarkers Prev* 2001; 10(8):861-8.
4. Hsu et al. Differential effects of whole soy extract and soy isoflavones on apoptosis in prostate cancer cells. *Exp Biol Med* (Maywood) 2010; 235(1):90-7.
5. Aloia et al. Vitamin D intake to attain a desired serum 25-hydroxyvitamin D concentration. *Amer J Clin Nutr* 2008; 87(6):1952-8.
6. Helzlsouer et al. Association between alpha-tocopherol, gamma-tocopherol, selenium, and subsequent prostate cancer. *J Natl Cancer Inst* 2000; 24:2018-2023.
7. Duffield-Lillico et al. Selenium supplementation, baseline plasma selenium status and incidence of prostate cancer: an analysis of the complete treatment period of the Nutritional Prevention of Cancer Trial. *BJU Int* 2003; 91(7):608-12.



# Supplement Facts

**Serving Size: 2 Capsules**

**Servings Per Container: 90**

	Amount Per 2 Capsules	% Daily Value
Vitamin D <sub>3</sub> (cholecalciferol)	2400 IU	600%
Vitamin E (from mixed tocopherols)	30 IU	100%
Selenium (as Selenomax <sup>®</sup> high selenium yeast)	70 mcg	100%
Soy ( <i>Glycine max</i> ) as Novasoy <sup>®</sup> 40% (50 mg soy isoflavones)	125 mg	*
Gamma tocopherol	50 mg	*
Lycopene (from Lyc-O-Mato <sup>®</sup> tomato extract)	30 mg	*

**\* Daily Value not established**

**Other Ingredients:** Rice flour, gelatin, magnesium stearate, silicon dioxide

#### Directions for Use:

Take two capsules daily, with food. Capsules can be taken together or at different times during the day. Taking one capsule twice a day may aid in absorption and bioavailability.

Do not exceed recommended dosage.

Theralogix products are not available in stores.

Order **PROSTATE 2.4**  
without a prescription  
online at [www.theralogix.com](http://www.theralogix.com)  
or by phone 24/7 at (800)449-4447.

Please use the Provider Referral Code (PRC)  
printed below when you place your order.  
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