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## **Prostate Biopsy & Fiducial Seed Placement**

### **Patient Instructions**

#### **Post-Procedure Care and Expectations**

Dear patient, you just underwent a prostate biopsy to check your prostate for cancer. This handout will discuss what you should expect after the procedure.

After your biopsy you may experience some slight discomfort in the rectal area, and you may see some blood in the urine, with bowel movements, or some staining in the underwear for a few days. A few drops of blood may drip from the tip of the penis for a day or two as well. This is normal. It is quite common to see bloody discoloration of the semen for up to six weeks after your biopsy, due to the presence of small amounts of blood. This is completely normal, and will not harm you or your partner. You may also note some temporary burning on urination, or the need to urinate more frequently. If these symptoms do not resolve in a few days, or if you develop heavy bleeding or pass large blood clots from the rectum or in the urine, please contact our office.

Please refrain from strenuous physical activity for at least 24 hours after your biopsy. This means no sports, jogging, weight-training or sexual activity.

We have prescribed several doses of antibiotics to be taken after your biopsy to prevent an infection. **If you notice any signs of infection such as temperature over 101 F, or the onset of chills, vomiting, severe fatigue, dizziness or confusion please go to the nearest emergency room for an evaluation and contact our office regarding your condition.**

***We hope these instructions will be useful to you. If there are any questions not covered by the instructions, please contact us at the above numbers. It has been a pleasure working with you in resolving your problem. It truly is a joint effort and now we need your help in seeing that you recuperate and heal well.***