

PROSTATE SR[®]

SAW PALMETTO &
PHYTOSTEROL SUPPLEMENT



THERALOGIX

PROSTATE SR

Why Prostate SR?

Prostate SR is designed to promote normal urinary tract function in men.[†] Prostate SR contains a pharmaceutical-grade saw palmetto extract from the berries of the saw palmetto plant, *Serenoa repens*. This extract has been prepared using supercritical CO₂ extraction—a method for preparing plant extracts which, although expensive and time-consuming, produces a very consistent final product. The result is a saw palmetto extract that has shown significant benefit in numerous clinical trials. In addition, Prostate SR also contains 500 mg of mixed phytosterols (plant sterols), providing at least 40% beta-sitosterol and other phytosterols and stanols (campesterol, stigmasterol, brassicasterol, beta-sitostanol, campestanol and other sterols).

Independent Certification

Prostate SR is the only independently certified saw palmetto and beta-sitosterol supplement available in the United States.

All Saw Palmetto and Phytosterol Products Are Not the Same

Independent lab analyses have shown that many supplements, especially herbal extracts, are poorly made and do not contain the amounts of ingredients listed on the label. In a study published in the *Journal of Urology*, independent lab tests were conducted on six different popular brands of saw palmetto supplements. The actual content of saw palmetto extract was compared with the claim on the bottle's label. The range of differences from the stated dose was between -97 to +140%, and half of the sampled brands contained less than 20% of the stated dose.¹

In 2012, ConsumerLab.com analyzed several prostate supplements. Two out of the seven products claiming to contain both saw palmetto and beta-sitosterol did not pass testing. One did not contain its claimed amounts of active ingredients, and one product did not disintegrate properly. One out of the two beta-sitosterol-only products did not pass testing. Because dietary supplement labels can be misleading, and the quality of supplements can vary greatly, some men may not be getting the amount of active ingredients needed to experience results.

When purchasing supplements, look for proof of independent content certification from a not-for-profit certification program such as NSF[®] International.

[†] This statement has not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References

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4. Gerber et al. Randomized, double-blind, placebo-controlled trial of saw palmetto in men with lower urinary tract symptoms. *Urology*. 2001; 58(6):960-4.
5. Pytel et al. Long-term clinical and biologic effects of the lipidosterolic extract of *Serenoa repens* in patients with symptomatic benign prostatic hyperplasia. *Adv Ther*. 2002; 19(6):297-306.
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9. Wilt et al. Beta-sitosterols for benign prostatic hyperplasia. *Cochrane Database Syst Rev*. 2000; (2):CD001043.
10. Berges et al. Treatment of symptomatic benign prostatic hyperplasia with beta-sitosterol: an 18-month follow-up. *BJU Int*. 2000; 85(7):842-6.
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Saw Palmetto and Beta-Sitosterol

The saw palmetto plant is a shrubby palm found in the coastal regions of the southeastern United States. Studies have shown that saw palmetto extract can decrease the severity of urinary tract symptoms (frequent and/or urgent urination, difficulty starting to urinate, a sensation of fullness in the bladder after urination, and diminished force of urinary stream) for many men.²⁻⁶

Beta-sitosterol is a naturally occurring plant sterol that has also been shown to improve urinary tract symptoms and urinary flow in men. Beta-sitosterol, as part of a mixture of phytosterols, has been shown to have anti-inflammatory effects.⁷⁻¹⁰

Saw palmetto and beta-sitosterol extracts are safe, should not cause side effects, and do not falsely lower PSA levels (which could mask the diagnosis of prostate cancer).¹¹ Both have been well-tolerated in clinical trials, with mild gastrointestinal upset occurring in only a small percentage of men.

Why Theralogix?

NSF® International Dietary Supplements Certification

Theralogix is committed to providing only the highest-quality supplements. Prostate SR is tested and certified by NSF International. NSF is a not-for-profit organization that is the world leader in standards development and product certification for public health and safety. NSF has implemented the highest quality control standards in the supplements industry. The NSF mark is your best assurance of a dietary supplement's content accuracy, purity, and freedom from contaminants.

Manufactured in an NSF-Registered Facility



The facility where Prostate SR and other Theralogix nutritional supplements are manufactured is registered with NSF and is in compliance with current Good Manufacturing Practices (cGMPs). These guidelines define the system of manufacturing processes, procedures, and documentation and assure the identity, strength, composition, and quality of the product.

Medical Advisory Board Oversight

The leading academic physicians and scientists of the Theralogix Medical Advisory Board meet regularly to oversee all product formulations. You can be sure that Prostate SR is safe and reflects ongoing review of the most current scientific evidence.

Visit www.theralogix.com to learn more.

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Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 90

	Amount Per 2 Softgels	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1% **
Saturated Fat	0 g	0% **
Cholesterol	0 mg	0% **
Saw Palmetto (<i>Serenoa repens</i> , berries) as CO ₂ extract standardized to contain 85-95% fatty acids and sterols	320 mg	*
Phytosterol blend standardized to contain at least 95% free sterols, including: beta-sitosterol (40-50%), campesterol, stigmasterol, brassicasterol, beta-sitostanol, campestanol, and other sterols	500 mg	*

** Percent Daily Values based on 2,000-calorie diet

* Daily Value not established

Other Ingredients: Extra virgin olive oil, gelatin (bovine), glycerin, yellow beeswax, purified water, purified water, yellow beeswax, soy lecithin, carob extract

Directions for Use:

Take two softgels per day with food. Softgels can be taken together or at different times during the day. Benefit may be seen after six weeks of daily use.

Theralogix products are not available in stores.

Order Prostate SR

without a prescription

online at www.theralogix.com

or by phone 24/7 at (800)449-4447.

Please use the Provider Referral Code (PRC)
printed below when you place your order.

This informs your healthcare provider of your
order and provides you with preferred pricing.

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