# **PROSTEON<sup>®</sup>** CALCIUM SUPPLEMENT WITH VITAMINS & MINERALS





# Why Prosteon?

- Prosteon is the first nutritional supplement specifically designed to support bone health in men on ADT.\*
- Prosteon contains a higher dose of vitamin D<sub>3</sub> than other calcium and vitamin D supplements.
- Prosteon contains vitamin D<sub>3</sub> (cholecalciferol), not vitamin D<sub>2</sub> (ergocalciferol). Vitamin D<sub>3</sub> is the form of vitamin D produced by our bodies after exposure to sunlight. It is metabolized more effectively than vitamin D<sub>2</sub>, is less likely to result in toxicity, and is therefore considered the superior supplemental form of vitamin D.<sup>1</sup>
- Prosteon contains calcium citrate, which has superb bioavailability. Unlike calcium carbonate, found in many bone health supplements, calcium citrate is absorbed with or without food, and acid-reducing medications (i.e., Nexium<sup>®</sup>, Aciphex<sup>®</sup>, Protonix<sup>®</sup>, Prevacid<sup>®</sup>, etc.) will not interfere with its use.
- Prosteon contains other vitamins and minerals vital for bone health (vitamin K, magnesium, boron, and strontium).\*

Supporting bone health with daily use of a calcium and vitamin D supplement is important for men undergoing androgen deprivation therapy (ADT), sometimes called "hormone therapy." This is because studies have shown that significant bone loss begins within the first six months of ADT, and can reach up to 4.6% at one year and 7% at two years.<sup>2</sup> Yearly bone loss for men on ADT is 5–10 times greater than men of the same age who are not on hormone therapy.<sup>3</sup>

### References

Houghton and Vieth. Am J Clin Nutr. 2006; 84(4):694-7.
Higano. Nat Clin Pract Urol. 2008; 5(1):24-34.
Greenspan et al. J Clin Endocrine Metab. 2005; 90(12):6410-7.

# Why Theralogix?

### NSF<sup>®</sup> International Dietary Supplements Certification

Theralogix is committed to providing only the highest-quality supplements. Prosteon is tested and certified by NSF International, a not-for-profit organization that is the world leader in standards development and product certification for public health and safety. NSF has implemented the highest quality control standards in the supplements industry. The NSF mark is your assurance of a dietary supplement's content accuracy, purity, and freedom from contaminants.

# Manufactured in an NSF-Registered Facility



The facility where Prosteon and other Theralogix nutritional supplements are manufactured is registered with NSF and is in compliance with current Good Manufacturing Practices (cGMPs). These guidelines define the manufacturing processes, procedures, and documentation that assure the identity, strength, composition, and quality of the product.

## **Medical Advisory Board Oversight**

The leading academic physicians and scientists of the Theralogix Medical Advisory Board meet regularly to oversee all product formulations. You can be sure that Prosteon is safe and reflects ongoing review of the most current scientific evidence.

Visit www.theralogix.com to learn more.

\* This statement has not been reviewed by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# Prosteon (360 tablets) Supplement Facts

Serving Size: 2 Tablets Servings Per Container: 180

	Amount Per 2 Tablets	% Daily Value
Vitamin D <sub>3</sub> (cholecalciferol)	1000 IU	250%
Vitamin K <sub>1</sub> (as phytonadione)	50 mcg	63%
Calcium (as calcium citrate)	500 mg	50%
Magnesium (as magnesium oxide)	100 mg	25%
Strontium (as strontium citrate)	50 mg	*
Boron (as boron glycinate)	50 mg 1.5 mg	*

#### \* Daily Value not established

**Other Ingredients:** Stearic acid, aqueous coating, microcrystalline cellulose, magnesium stearate, croscarmellose sodium, silicon dioxide, titanium dioxide

#### Suggested Use:

Take two tablets twice a day with food or as recommended by your healthcare provider.

### **Ordering Instructions**

Our auto-refill program includes free delivery. You may cancel, postpone, or change the interval of your shipments at any time.

Please use the Provider Referral Code (PRC) printed below when you order. This informs your healthcare provider of your order and provides you with preferred pricing.



Theralogix products are not available in stores. Order Prosteon without a prescription online at **www.theralogix.com** or by phone 24/7 at (800)449-4447.

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