

Bone Health and Prostate Cancer: Information You Can Use

How can prostate cancer affect my bones?

- When cancer spreads to the bone, it may form tumors called bone metastases, which weaken the bone by disrupting the body's natural bone-building process and may lead to bone complications
- These bone complications, also known as skeletal-related events (SREs), include broken bones (fractures), surgery to repair broken bones, radiation to bone to relieve pain, or pressure on the spinal cord (spinal cord compression)

How can I protect my bones from bone complications?

The National Comprehensive Cancer Network (NCCN) recommends that patients with bone metastases should be treated with bone-targeting medication to prevent bone complications.

Your doctor has prescribed XGEVA[™] for you. XGEVA[™] is a prescription medication approved by the FDA to prevent bone complications in patients with bone metastases from solid tumors. XGEVA[™] is not approved to prevent bone complications in patients with multiple myeloma.

Please turn to the reverse side for important safety information about XGEVA[™].

What additional resources are available for support?

Below are some websites that offer more information and support for you and your caregivers*:

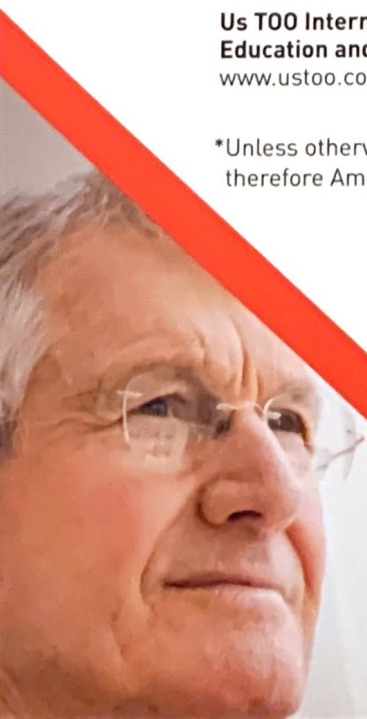
**Us TOO International Prostate Cancer
Education and Support Network**
www.ustoo.com

American Cancer Society[®]
www.cancer.org

*Unless otherwise specified, these sites are not owned or controlled by Amgen and therefore Amgen cannot verify the accuracy of the information contained on these sites.

NOTES: _____

XGEVA[™]
(denosumab)



For patients with prostate cancer and bone metastases

XGEVA™

What is XGEVA™?

XGEVA™ is a prescription medication approved by the FDA to prevent bone complications in patients with bone metastases from solid tumors. XGEVA™ is not approved to prevent bone complications in patients with multiple myeloma.

What is the most important information I should know about XGEVA™?

Low calcium levels in your blood (hypocalcemia)

XGEVA™ can significantly lower the calcium levels in your blood. Your low blood calcium must be treated before you receive XGEVA™. Your doctor may prescribe calcium and vitamin D to help prevent low calcium levels in your blood while you take XGEVA™. Take calcium and vitamin D as your doctor tells you to.

Severe jaw bone problems (osteonecrosis)

Severe jaw bone problems may happen when you take XGEVA™. Your doctor should examine your mouth before you start, and while you are taking XGEVA™. Tell your dentist that you are taking XGEVA™. It is important for you to practice good mouth care during treatment with XGEVA™.

Before taking XGEVA™, tell your doctor if you:

- Have low blood calcium
- Have kidney problems or are on kidney dialysis
- Cannot take daily calcium and vitamin D
- Plan to have dental surgery or teeth removed

How does XGEVA™ work?

Bone metastases can weaken bone, which increases the risk of potentially serious bone complications. XGEVA™ reduces this risk by helping to maintain bone strength.

How will I receive XGEVA™?

XGEVA™ is given as a **single injection, once every 4 weeks**. In addition to XGEVA™, it is recommended you also take calcium and vitamin D daily as prescribed by your doctor.

How will I know that XGEVA™ is working?

You will not be able to "feel" that XGEVA™ is working, but it's important to follow the dosing schedule that your doctor has given you. Several large clinical studies have shown that XGEVA™ is effective in preventing bone complications in patients with bone metastases.

What are the possible side effects of XGEVA™?

The most common side effects of XGEVA™ are tiredness/weakness, low phosphate levels in your blood, and nausea. The most common serious side effect of XGEVA™ is shortness of breath.

These are not all the possible side effects of XGEVA™. For more information, ask your doctor or pharmacist. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Amgen offers financial assistance for XGEVA™, regardless of your existing coverage. For more information, please contact:

Amgen Assist®

Phone: 1-888-4-ASSIST (1-888-427-7478)

www.AmgenAssistOnline.com

Talk to your doctor if you have any other questions about XGEVA™.

NOTES/CONTACTS: _____

Please see accompanying Prescribing Information.

AMGEN®

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XGEVA™
(denosumab)